

CONNECTICUT REGION – NATIONAL SKI PATROL SYSTEM, INC.
PROGRAM REPORT

SAFETY

AS OF **March 27, 2023**

Please complete and email to
skip.mudge.nsp@gmail.com by
April 1, 2023

PROGRAM ADVISOR: KATHY FITZPATRICK	
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ASSISTANT ADVISOR:	NAME:	CONTACT:
ASSISTANT ADVISOR:	NAME:	CONTACT:

MISSION STATEMENT

NSP: TO HELP KEEP PEOPLE SAFE ON THE MOUNTAIN AND DURING OTHER OUTDOOR ACTIVITIES.

PROGRAM MISSION STATEMENT:

The CT Region Safety Team brings safety awareness and education to all CT Region ski and bike patrols. We strive to keep the outdoor sports public safe as well as the patrollers who serve them. We support both physical and mental patroller safety as stress is inherent in our work.

EXECUTIVE SUMMARY: 2022-23 SEASON

This season, at least one safety event took place at 6 out of the 7 ski areas in the Connecticut Region. This is a first for our Safety Team thanks to a first ever safety event at Lakeridge, which was held pre-season in December. Unfortunately, due to weather circumstances, Lakeridge did not open for the season. Winding Trails also never opened and did not host a safety event.

The CT Region Safety Team hosted eleven events over an eight month period. Summer events were held at a Powder Ridge bike race and the Talcott Mountain Music Festival in Simsbury. Seasonal events included traditional tent events as well as safety talks to the mountain division ski school at Mohawk. A highlight of this season was a very successful safety event, "Ladies Night," a celebration of International Women's Day, for all CT Regions women patrollers hosted at Ski Sundown. This event received a proclamation from Governor Lamont and included a fundraiser to help our program. All photos from these events were shared on the Eastern Division social media pages.

PROGRAM GOALS: 2022-23 SEASON

*Please list the SMART goals your program focused on **this** season, along with their achievement status. **Refer to last year's report.** (**S**pecific, **M**easurable, **A**ttainable, **R**elevant and **T**ime bound*

- 1. Fill the position of CT Assistant Safety Advisor by January 2023 to move into CT Safety Advisor role by April 1, 2023). Goal was not achieved and will continue into 23-24 season.*
- 2. Meet with Safety Captains by January 2023 to plan season. Note: the Mohawk Safety Captain moved out of state and position is yet to be filled. Also, there are no Safety Captains for Lakeridge or Winding Trails. Goal was achieved.*

3. *Connect with at least one local business near each area by January 2023 to support our safety events. Goal was not achieved throughout the region, but was achieved for Ladies night when several CT business donated to the fundraiser silent auction and raffle.*
4. *Support the Eastern Division goal of patroller wellness awareness by encouraging Safety Captains to motivate patrols to stay active and healthy throughout the non-ski season. Goal was not achieved but is a work in progress.*
5. *Continue to seek new opportunities for the Safety Team to have a presence year round; encourage safety events for preseason. A first time Safety Event at Lakeridge . achieved this goal.*
6. *A women's day event, emphasizing safety, in collaboration with the CT Region Women's Program was proposed. Goal was achieved; however, the Woman's Program did not participate.*

ACTIVITIES / PARTICIPATION

Activity	# Safety Captains, Ambassadors, helpers	Approximate # interactions with safety team by public or patroller participants
Bike Race Safety Event at Powder Ridge	4	40
Safety Event at Talcott Mtn Music Festival, Simsbury	3	400 (over 4000 in attendance)
Refresher, Camp Sloper - CT Region Neck buffs to Instructors,	3	25 patrol instructions/ helpers
Sundown Ski Swap at Sundown (weekend event)	5	150 (1500 in attendance)
Think Snow Think Safety at Lakeridge	3	50
Safety Day with Safetyman at Ski Sundown	5	150
Safety Event at Thunder Ridge (all day!)	3	150
Safety Talks for Mountain Division Ski School at Mohawk	1	60
Safety Event at Southington	3	100
Safety Event at Powder Ridge Slush Cup	2	20
Ladies Night at Sundown	2	21 patrollers; 75 public

PROGRAM GOALS: 2023-24 SEASON

*Please list your program's SMART goals for **next** season. (**S**pecific, **M**easurable, **A**ttainable, **R**elevant and **T**ime bound)*

1. *Succession Planning & Role Fulfillment: Fill the position of Assistant Safety Advisor by December 2023; move Assistant Safety Advisor to full Safety Advisor by May 2024. Renew all Safety Captain positions by July 2023 and fill vacant position(s) by December 2023. The positions of Safety Captains are key to hosting successful patrol safety events.*
2. *Support Safety for Patrollers: Incorporate Stress Injury Preparedness for Patrollers (SIPP) into the Safety Program. Reorganize the Safety Team to include stress injury education and awareness of stressful dynamics within the patrol.*
3. *Safety With & Without Snow: Continue to plan year round Safety Team involvement with bike safety and off-season events.*
4. *Support Safety & Celebrate Women: Host our 2nd Annual Safety Event on International Women's Day at Ski Sundown (or another host mountain); for women patrollers throughout Connecticut;; organize a silent auction & raffle to fundraise at this event*

RECRUITMENT/MARKETING

The assignment of a new CT Assistant Safety Advisor for the 23/24 season will be key to continued future planning of the Safety Team as well as recruiting new Safety Captains.

The assignment of a new Safety Captain at Mohawk will be a welcome addition to our team and encourage more participation. .

SUCCESSION PLANNING

It is imperative to turn over the CT Safety Team to a new leader by the end of the 2023-24 season so a fresh perspective may begin.

Through this year's safety events, potential candidates for the position of Assistant Safety Advisor have been identified and all leads will be followed up. As discussed above, it is desired to have an assistant in place early in the 2023-24 ski season.

PROGRAM BUDGET

1. BUDGET PERFORMANCE (2022-23 SEASON)

Please provide the \$ amount of your approved budget for the prior fiscal year. Please note if this budget included any unusual and/or one-time expenditures. For travel expenses, please specify trips/nights/people/rates, etc., as appropriate. You may show trip details at the end of the document if you wish.

	APPROVED SEASON BUDGET	SPENT TO DATE	ANTICIPATED REMAINING TO SPEND	VARIANCE (OVER/ UNDER)
Mileage				
Meals				
Lodging (# trips/rooms/nights/rates)				
Printing				
Postage	\$10	\$10		
Equipment				
Supplies	\$150	\$150	\$0	\$0
Textbooks/Instructional Aids				
Awards specific to program (e.g., Instr. Service Awards)				
Other (unusual or one time, explain in "Prog. Goals")	\$100	\$100	\$0	\$0
Revenue (Expense Offset)				
Total	\$260	\$260	\$0	\$0

Notes: Please explain variances (i.e., over/underspending your approved budget by >10%). **OVER-SPENDING OF BUDGET ALLOWED ONLY WITH PRIOR APPROVAL OF REGION DIRECTOR.**

The CT Region Safety Team was able to bring in revue through it's Ladies Night Event Silent Auction & Raffle.

2. BUDGET REQUEST (2023-24 SEASON)

<i>Please provide a brief comment on any increase or decrease, such as unusual or one-time expenditures. Explain basis for travel expense request.</i>	REQUESTED	APPROVED
Mileage: (use Mileage Reimbursement Worksheet on following page to calculate expense)		
Meals		
Lodging (# trips/rooms/nights/rates)		
Printing		
Postage	\$15	15.00
Equipment		
Supplies (swag)	\$175	175.00
Textbooks/Instructional Aids		
Awards specific to program (e.g., Instructor Service Awards)		
Other (unusual or one time, explain in "Program Goals") (\$200 for 2024 Ladies Night Swag/Supplies).	\$100	100.00
Revenue (Expense Offset)		
Total	\$290	290.00
Notes:		

3. Mileage Reimbursement Worksheet

Trip from/to	Miles Round Trip	Miles over 100	# trips	Total miles	Amount to be reimbursed
Example: Hartford → Bromley (Sr. OET Clinic)	252	152	2	304	\$106.40

Total the far-right column and enter this amount in "2. Budget Request" (prior page) →					