

CONNECTICUT REGION – NATIONAL SKI PATROL SYSTEM, INC.  
PROGRAM REPORT

**MEDICAL ADVISOR**

Please complete and email to [skip.mudge.nsp@gmail.com](mailto:skip.mudge.nsp@gmail.com) by April 1, 2023

AS OF May 9, 2023

<b>PROGRAM ADVISOR:</b>	Steven Goldblatt, MD
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<b>ASSISTANT ADVISOR:</b>	<b>NAME:</b>	<b>CONTACT:</b>

### MISSION STATEMENT

<b>NSP:</b> TO HELP KEEP PEOPLE SAFE ON THE MOUNTAIN AND DURING OTHER OUTDOOR ACTIVITIES.
<b>PROGRAM MISSION STATEMENT:</b> To provide medical advice and assistance for CT region patrollers and their activities.

### EXECUTIVE SUMMARY: 2022-23 SEASON

*Provide a brief overview of the past season. Highlights, focal points, key information you want the Region Director and Board to know. These should be tied into the season's Goals.*

*Amongst the ongoing work was to support former Medical Advisor, Dr Melinda Mings involvement "The Stress Injury Preparation for Patrollers" (SIPP) Program. This program is the culmination of approx. 4 years of effort from the PSAT (Patroller Stress Awareness Team) and the Safety Team. The ED Medical Advisory, National Medical and the ED BOD have been very supportive. The SIPP training program was made available for all patrollers to take including all candidates on the [patrollerschool.org](http://patrollerschool.org) by the end of 2023. The first open forum where patrollers were invited to participate was received and reviewed very positively. The project has been collectively and enthusiastically received and supported by all members of the ED Medical advisors.*

*I participated in ED Medical Advisory meetings, communicating pertinent information to the CT Region at their monthly leadership meetings.*

*Amongst the topics of discussion last year and this year was the use of Narcan at local CT ski areas. Narcan is now available OTC and I believe that every ski area can have it accessible. Protocols for storage and use have been shared between advisors. Each*

individual ski area has chosen to approve its use and designate the providers differently. ED Med Advisors have developed written protocols which we willingly share,

The topic of CPR at ski areas has been frequently discussed at Eastern Division Medical Advisory (EDMA) meetings. The challenges presented of performing CPR on the hill and during transport were met with ideas for different protocols and strategies. Development of protocols have been avoided by areas in the CT region and this is reasonable, there is no single approach, "one size fits all" protocol. The discussions has provided an excellent exchange of ideas and helps us all remain current of newest technology and research on the subject by those involved in emergency response, wilderness medicine and ski patrol.

There were no merit star award requests for medical input received for the 2023-2024 season.

## PROGRAM GOALS: 2022-23 SEASON

Please list the SMART goals your program focused on **this** season, along with their achievement status. **Refer to last year's report.** (Specific, **M** measurable, **A** attainable, **R** relevant and **T** time bound)

1. Continue to participate in ED Medical Advisory meetings. These meetings are scheduled mostly every other month. Participants include Medical Advisors from all 15 ED Regions as well as Dr. David Johe and Dr. Chuck Allen (NSP Director of Medical). Relevant information obtained from these meetings will be conveyed to the CT Region leadership. **Achievement: I attended all zoom meetings held every other month. We updated the CT region by emails and/or in regional zoom meetings, on medical issues as they were discussed during the divisional meetings.**
2. Continue to write up merit star awards as we receive information from the awards supervisor, Mike Bafuma, that an award is merited. Dr. Goldblatt and I rely on the information we receive and we are happy to work with the awards team to improve this process. Ways that this process could be improved include scheduling meetings with the awards team, developing and disseminating the best procedure to follow to all patrol directors and establishing a mechanism for follow up to the medical advisor team, so that we know where the award is in the process. Regarding timing, I would suggest a meeting during the summer off season; but this would entirely depend on Mike Bafuma's schedule. **Achievement: The merit star review process has changed, only requiring medical advisory assistance on an as needed basis. We had one request in 2021-2022 seasons but not in 2022-2023, We had no requests for such assistance during the 2023-2024 season.**
3. Promote Patroller Wellness, including physical fitness, mental and emotional health. **Achievement: I have attended some of the meetings, although I am unable to attend each meeting. I have great regard and respect for the creators of the PSAT members who developed the "Stress Injury Preparation for Patrollers" Program (SIPP). This was presented to the ED Medical Advisory Dec 2022, the ED BOD Feb 2023 and to the SOM, May 2023 .**
4. This program will be available for all patrollers and candidates Aug 2023 in the [patrollerschool.org](http://patrollerschool.org) (moodle) LMS system. The patroller wellness training, the SIPP program, has been released on ED NSP website and PSAT forums will be held monthly, the first one this month. It will be managed under the Safety Program and the PSAT group

## 5. ACTIVITIES / PARTICIPATION

Activity	# Instructors/ Other	# Participants
ED Medical Advisory meetings under the leadership of Dr. Eric Silva. These are zoom meetings that the National leadership, Dr. Chuck Allen and Dr. David Johe, also attend.		15+ from most regions + assistants and guests
CT region of Eastern Division leadership meetings including patrol leadership, committee leadership to regularly update on activities, events and policies.		15+ from different CT ski areas and committees
Small group meetings of PSAT to create and produce the SIPP course to start the process of developing a NSP Program on Stress Injury Awareness.		8

### PROGRAM GOALS: 2024-25 SEASON

*Please list your program's SMART goals for **next** season. (**S**pecific, **M**easurable, **A**ttainable, **R**elevant and **T**ime bound)*

1. Promote and encourage all patrollers and candidates to take the SIPP program through regional email and zoom meeting reminders. Send out emails starting in July 2024 to announce the program and to give instructions on how to enroll. Send out emails in late June 2024 to OEC instructors to give instructions on how to enroll their candidates.
2. Develop an infrastructure to help organize and manage the patroller stress program at each patrol in the CT region, starting with appointing a regional "Resiliency Advisor". This program will be managed under the Safety Program and the Safety Advisor and their safety captains will be assuming that role until a resiliency advisor is designated.
3. Develop a consensus approach of providing CPR at CT Region ski areas. There are many challenges involved in transporting patients in cardiac arrest. Through our collaboration with both National and ED, we hope to provide up-to-date care in both the transportation and resuscitation of patients in cardiac arrest.
4. Continue to participate in National and ED Medical Advisory meetings.

### RECRUITMENT/MARKETING

*Please describe your recruiting/marketing efforts to promote your program. How will you attract new or returning participants?*

### SUCCESSION PLANNING

*Please discuss your plans for identifying, recruiting and/or mentoring your potential replacement. You do not need to specify the individual(s) here.*

## PROGRAM BUDGET

### 1. BUDGET PERFORMANCE (2022-23 SEASON)

Please provide the \$ amount of your approved budget for the prior fiscal year. Please note if this budget included any unusual and/or one-time expenditures. For travel expenses, please specify trips/nights/people/rates, etc., as appropriate. You may show trip details at the end of the document if you wish.

**The Medical Advisory group does not have any budget requests.**

	APPROVED SEASON BUDGET	SPENT TO DATE	ANTICIPATED REMAINING TO SPEND	VARIANCE (OVER/ UNDER)
Mileage				
Meals				
Lodging (# trips/rooms/nights/rates)				
Printing				
Postage				
Equipment				
Supplies				
Textbooks/Instructional Aids				
Awards specific to program (e.g., Instr. Service Awards)				
Other (unusual or one time, explain in "Prog. Goals")				
Revenue (Expense Offset)				
<b>Total</b>				

**Notes:** Please explain variances (i.e., over/underspending your approved budget by >10%).  
**OVERSPENDING OF BUDGET ALLOWED ONLY WITH PRIOR APPROVAL OF REGION DIRECTOR.**

## 2. BUDGET REQUEST (2023-24 SEASON)

<i>Please provide a brief comment on any increase or decrease, such as unusual or one-time expenditures. Explain basis for travel expense request.</i>	<b>REQUESTED</b>	<b>APPROVED</b>
Mileage: (use Mileage Reimbursement Worksheet on following page to calculate expense)		
Meals		
Lodging (# trips/rooms/nights/rates)		
Printing		
Postage		
Equipment		
Supplies		
Textbooks/Instructional Aids		
Awards specific to program (e.g., Instructor Service Awards)		
Other (unusual or one time, explain in "Program Goals")		
Revenue (Expense Offset)		
<b>Total</b>		
<b>Notes:</b>		

### 3. Mileage Reimbursement Worksheet

Trip from/to	Miles Round Trip	Miles over 100	# trips	Total miles	Amount to be reimbursed
<i>Example: Hartford → Bromley (Sr. OET Clinic)</i>	<i>252</i>	<i>152</i>	<i>2</i>	<i>304</i>	<i>\$106.40</i>
Total the far-right column and enter this amount in "2. Budget Request" (prior page) →					